

Examination Instructions:**Please do not wear cologne or perfume**

Report to the Hospital Diagnostic Imaging office the day of the examination 15 minutes before the appointment time. **If you are late, you may have to be rebooked.** If you cannot keep your appointment, please call to cancel or reschedule:

- For **same day** appointments call **774-2420** ext.**6241** after 7am to cancel.
- For **other dates** call ext.**6249** and leave a message.

Appointment Date: _____ **Appointment Time:** _____

Examination Requested: _____

Follow the instructions for the indicated test.

<p style="text-align: center;">Mammography</p> <ul style="list-style-type: none"> • Wear a 2-piece outfit. • Do not use deodorant or body powder containing talc before having mammogram. 	<p style="text-align: center;">Abdominal Ultrasound</p> <p><u>Morning Exam:</u></p> <ul style="list-style-type: none"> • Nothing to eat or drink after midnight. You still take any medication with a small amount of water. <p><u>Afternoon Exam:</u></p> <ul style="list-style-type: none"> • Eat a fat-free breakfast 6 hours prior to your exam time and then have nothing to eat or drink until the exam.
<p>G.I. Series (Stomach X-ray)</p> <ul style="list-style-type: none"> • Nothing to eat or drink after midnight or on the morning of the examination. 	<p style="text-align: center;">Pelvic/ Obstetrical/ Transvaginal Ultrasound</p> <ul style="list-style-type: none"> • Empty your bladder 1.5 hours prior to exam time and then drink 4 glasses (32oz.) of water. • Ensure that all of the water is <u>FINISHED</u> 1 hour prior to your exam time. • Do not empty your bladder until after the examination.
<p style="text-align: center;">Barium Enema</p> <ul style="list-style-type: none"> • Use Pico Salax (Pergodan) unless instructed otherwise by physician. • Nothing to eat on the morning of the examination. 6 oz. of clear fluid is allowed. 	<p style="text-align: center;">Combined Abdominal and Pelvic Ultrasound</p> <p><u>Morning:</u></p> <ul style="list-style-type: none"> • Nothing to eat after midnight the night before the exam. • Follow the instructions for a pelvic ultrasound. <p><u>Afternoon:</u></p> <ul style="list-style-type: none"> • Eat a fat-free breakfast 6 hours prior to your exam time and then follow pelvic instructions.