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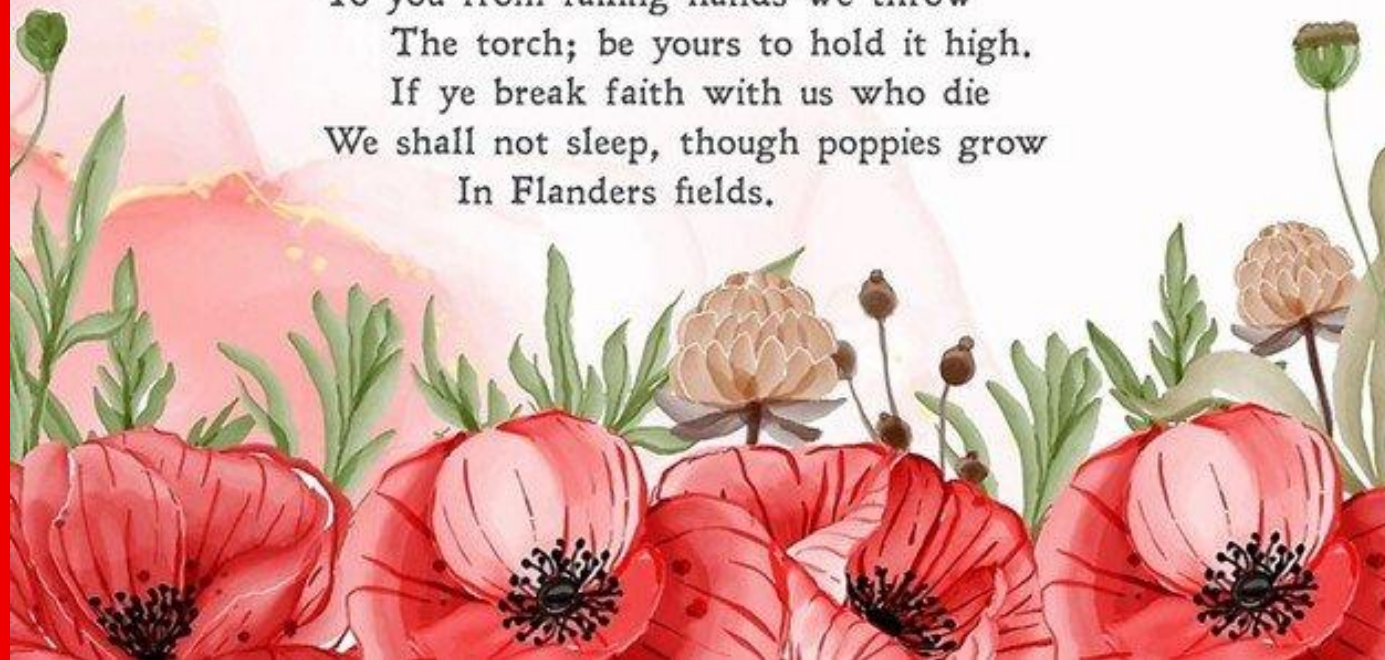
In Flanders Fields

JOHN MCCRAE

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



Dundas Manor

November 2026



From the Administrator's Desk...

Happy November families and friends!

Last month, you received communication from me about our Temporary Foreign Worker challenges. First, thank you for your support and advocacy with us requesting a call to action. Some people read the article and thought we needed staff now... that is not the case. Fortunately, our staffing levels have been consistent and stable.

As always, we are forward thinking and planning into 2027 to communicate how important these dedicated Dundas Manor Personal Support Workers mean now, and in the future! They are such an important part of our care team, and we hope that our advocacy brings a commonsense solution. We will keep you posted on any developments!

I have included more construction pictures for your interest. Final finishing and testing are ongoing in the month of October and into November. We are working closely with the Ministry of Health and Long-Term Care, keeping them updated on the status of the home. It looks like an early 2027 move in is more likely based on timelines of construction and ministry approval process. So, we have the final Christmas 2.0 at 533 Clarence Street after all!

This month, we pause to reflect and honour our current service members and veterans on Remembrance Day.

Lest we forget.

Sincerely, Susan Poirier

FAMILY ENGAGEMENT AND EDUCATION ZOOM MEETING

We host **2** virtual sessions:

Monday, November 30, 2026

at 2:00pm and 5:30pm~ Zoom link sent by email

Updates from the Dietary Department~

Hello everyone,

As we welcome November, we would like to share some highlights from October and provide an update on our upcoming seasonal menu.

On October 19th, we held our Food Committee meeting to discuss the upcoming Fall/Winter menu. We are excited to share that this menu will also be used in our new home! These discussions are an important opportunity to review our meal options, share ideas, and ensure that our menus continue to reflect our residents' preferences and needs.

During the meeting, we also began discussing our upcoming Christmas meal, including ideas for desserts to make this special celebration even more enjoyable. We appreciate everyone who contributed suggestions and look forward to sharing a festive meal with our residents!

October was also a month of seasonal celebrations. In addition to our Thanksgiving dinner, we enjoyed some festive treats, including pumpkin cookies to celebrate Thanksgiving and Halloween-themed cupcakes to bring a little extra sweetness to the season. We hope these special touches helped make October more enjoyable for everyone!

As we move into November and prepare for the holiday season, the Dietary Department remains committed to providing enjoyable meals, seasonal treats, and a positive dining experience for everyone who calls Dundas Manor home.

Thank you for your continued feedback, support, and trust.

We look forward to celebrating the upcoming holiday season with you!



Andrea Munoz, Nutritional Manager

November is shaping up to be another busy and meaningful month in the Activity Department. We begin the month with our much-anticipated **Quilt Raffle Draw on November 3rd at 10:00 a.m.** If you haven't already purchased your ticket, there's still time! Thank you to everyone who has supported this special fundraiser.

One of the most meaningful events this month will be our Remembrance Day Service. This annual tradition provides an opportunity to pause, reflect, and honour the sacrifices made by the brave men and women who served our country. For many of our residents, **Remembrance Day** is deeply personal, bringing back memories of loved ones who served, stories from wartime, and moments that helped shape their lives. Together, we will gather to remember, give thanks, and ensure that the courage, sacrifice, and resilience of those who came before us are never forgotten.

Throughout the month, residents will also enjoy Christmas decorating activities, Dolly Day, an owl-themed birthday celebration, and our Resident Rights Learning Circle. We'll have a little fun with a nostalgic trip back in time as we revisit the famous question, "Who Shot J.R.?" We look forward to hearing the memories and lively discussions this throwback will spark from the Dallas days!

As we continue preparing for our move to the new home, we have also been focusing on creating warm, welcoming, and well-organized spaces for residents to enjoy. We want to ensure our sunrooms are thoughtfully arranged and filled with the items and comforts that will make our activity spaces inviting, user-friendly, and feel like home from day one. **Thanks to the generous support of our local Lions Club**, we have been able to make great progress toward this goal. We are incredibly grateful for their kindness and community spirit. We can't wait to share more details and exciting updates in the months ahead!

We will be recognizing **World Kindness Day on November 13th**. At Dundas Manor, this is something we can truly be proud of. Kindness isn't something we save for a special day. It is something we see in action every single day. Whether it's a staff member taking a few extra moments to brighten someone's day, a volunteer lending a helping hand, a family member sharing a smile, or residents supporting one another through both good days and difficult ones, these simple acts of kindness help make our home feel like family.

Be sure to check out the Calendar for all the details of programs, entertainers, and happenings for the upcoming month.

As we move closer to the holiday season, we look forward to another month filled with friendship, community, gratitude, and many special moments together.

I remain proud to be your Activity Director,
Jennifer Hill



Esther D
Kathy N
Theresa M

Lloyd S
Mary R
Marvin R

NOVEMBER BIRTHDAYS

HAPPY BIRTHDAY!

RITA C 95 years young

ANN L 69 years young

IVA S 93 years young

MARJORIE T 95 years young

November Birthstone

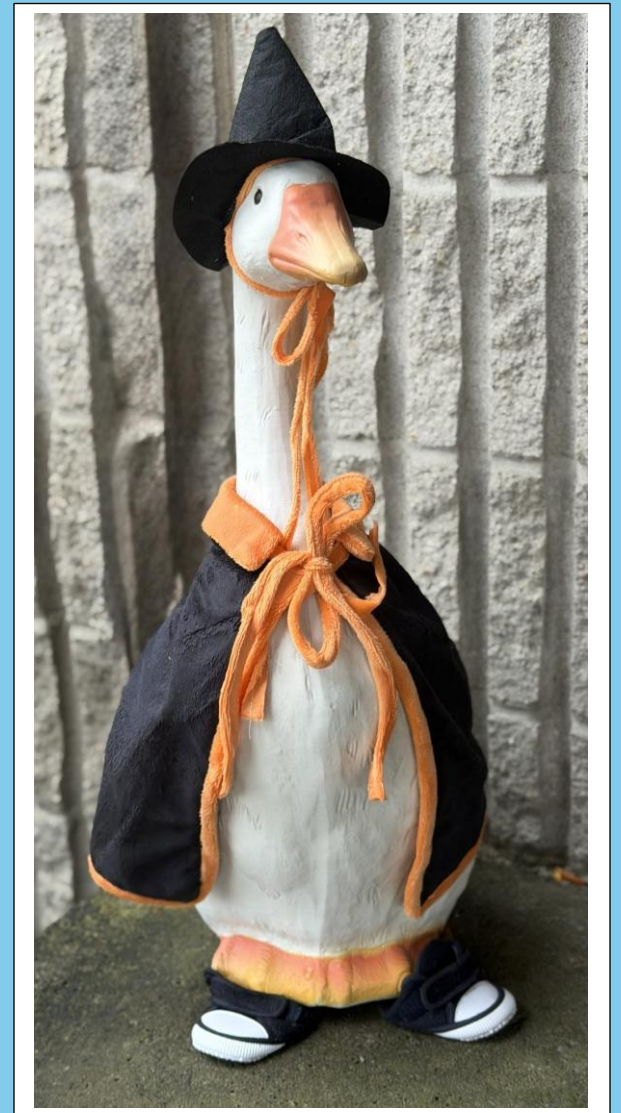
• Citrine •

The first uses of **citrine** in jewellery can be dated back to the Hellenistic Age (323-280 BC) in Greece. At one time it was used as a talisman against alcoholism, evil thoughts, overindulgences, scandal, libel, and treachery. Some also carried it as protection against plagues, epidemics, as well as venomous snake and reptile bites.

November Birth Flower

Chrysanthemum *Peony*

REDEVELOPMENT UPDATE





DIRECTOR of CARE UPDATE

Our current Director of Care, **Eric Joncas**, has resigned his position effective October 23, 2026. He has accepted a role at the Cornwall Community Hospital, closer to his home.

We thank Eric for his time at Dundas Manor and wish him all the best in his new opportunity.

Recruitment for our next Director of Care is underway!

In the interim, **Ursula Lamoureux** will resume the position formally until such time as a new candidate is hired. We thank Ursula for her flexibility in leading resident care in our home.



November 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Church with Joel Vedder 2:00pm Tuck Cart 3:45pm 1 to 1 Visits Daylight Savings	2 10:15am Java Music 2:00pm Bingo 3:45pm Mind and Body	3 10:00am Raffle Draw and Reception 2:00pm Vicki Spurrell Performs 3:45pm Montessori Cleaning	4 10:00am Residents' Council Meeting 2:00pm Program Plan Meeting 3:45pm Special Care Cart	5 10:15am Church 2:00pm A Time to Sew 3:45pm Relax and Remember 6:30pm Bingo	6 10:30am RC Communion 2:00pm Sharing Christmas Ideas 3:45pm Jewellery & Eyeglasses cleaning	7 10:15am Bingo 2:00pm Remembrance Day Craft 3:45pm Montessori
8 10:15am Favourite Hymns 2:00pm Jumpin' Jimmy Performs 3:45pm 1 to 1 Visits	9 10:15am Pet Visits with Louise and Coco 2:00pm Tim's Cart Sponsored by Leonard Kelly and Family 3:45pm Mind and Body	10 Hearing Aid Clinic 10:15am Library Visits with Joan and Jen 2:00pm Tuesday Tea 3:45pm Montessori Cleaning	11 10:15am Remembrance Day Service 2:00pm 1 to 1 visits 3:45pm Special Care Cart  Remembrance Day	12 10:15am Church 2:00pm Music with Cholly 3:45pm Relax and Remember 6:30pm Baking	13 10:15am Gratitude Messages 2:00pm Cozy Simmer Pots 3:45pm Jewellery & Eyeglasses cleaning World Kindness Day	14 10:15am Bingo 2:00pm Crackers, Cheese and Chit Chat 3:45pm Montessori 
15 10:30am Church with Don Z 2:00pm Spa on the go 3:45pm 1 to 1 Visits	16 Christmas Decorating 3:45pm Mind and Body 6:30pm Tree Trimming 	17 10:15am "Let's Learn About Dolly's Life" 10:15am Pet Visits with Beth and Cody 2:00pm Dolly's Music 3:45pm Montessori Cleaning	18 10:15am Strength and Stretch & Cozy Home 2:00pm Learning Circle : Resident Rights 3:45pm Special Care Cart Lost and Found Day	19 10:15am Church 2:00pm Music with Cholly 3:45pm Relax and Remember 6:30pm Who Shot J.R?	20 10:15am Bonnie Wallace Performs 2:00pm Hockey and Ball Highlights 3:45pm Jewellery & Eyeglasses cleaning	21 10:15am Bingo 2:00pm Popsicle Stick Snowflake Craft 3:45pm Montessori 
22 10:15am Bible Study 2:00pm Games Cart 3:45pm 1 to 1 Visits 	23 10:15am Pet Visits with Louise and Coco 2:00pm George Chenier Performs 3:45pm Mind and Body	24 10:15am Baking for Tea 2:00pm Tuesday Tea with Farmer John and Carol 3:45pm Montessori Cleaning	25 8:30am Program Plan Meeting 10:15am Strength and Stretch & Cozy Home 2:00pm "Let's Have a Hoot" Owl Themed November Birthday Party 3:45pm Special Care Cart	26 10:15am Church 2:00pm Music with Cholly 3:45pm Relax and Remember 6:30pm Baking	27 10:15am Creative Cooking 12:00pm Lunch Club 2:00pm Hometasks 3:45pm Jewellery & Eyeglasses cleaning	28 10:15am Bingo 2:00pm Java Music 3:45pm Montessori 
29 10:15am Special Coffee Cart 2:00pm Bible Study 3:45pm 1 to 1 Visits	30 10:15am Stories Out of a Hat 2:00pm Bingo Bonanza 3:45pm Mind and Body					