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Dundas Manor

August 2026

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

SUMMER FOODS

Word Search

BARBECUE
BLUEBERRY
CAPRESE SALAD
CHERRY
COCONUT WATER
CORN ON THE COB
FRESH HERBS
FROZEN YOGURT
FRUIT SALAD
GAZPACHO
GRILLED CHICKEN

L	E	M	O	N	A	D	E	P	A	S	T	A	S	A	L	A	D	W
B	L	A	W	A	U	T	W	V	G	A	Z	P	A	C	H	O	G	I
O	P	E	D	Q	Y	B	U	O	T	C	T	C	H	E	R	R	Y	U
C	P	T	E	S	Z	V	D	D	W	A	T	E	R	M	E	L	O	N
E	A	D	T	F	W	T	B	V	Y	P	W	E	P	R	A	D	E	Y
H	E	E	R	R	O	K	H	X	R	R	E	G	R	U	B	M	A	H
T	N	C	U	H	J	C	S	B	R	E	H	H	S	E	R	F	C	S
N	I	I	G	M	Y	T	M	J	E	S	X	K	S	R	P	A	M	L
O	P	C	O	D	M	J	I	B	B	E	O	N	R	R	E	O	J	H
N	O	N	Y	A	F	K	C	H	E	S	T	R	D	P	O	M	S	P
R	L	A	N	R	M	S	I	S	U	A	P	L	B	T	I	A	T	X
O	Y	G	E	H	D	Y	A	B	L	L	K	K	H	E	A	E	R	Z
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R	B	T	F	C	O	C	O	N	U	T	W	A	T	E	R	C	E	N
O	O	X	T	Y	N	E	K	C	I	H	C	D	E	L	L	I	R	G
M	Z	J	R	J	K	J	E	U	C	E	B	R	A	B	V	H	R	P
S	E	L	C	I	S	P	O	P	G	F	T	W	C	H	D	L	Y	N

HAMBURGER

HOT DOG

ICE CREAM

ICED TEA

LEMONADE

MANGO

PASTA SALAD

PEACH

PINEAPPLE

POPSICLE

SALSA

SMOOTHIE

S'MORE

SORBET

STRAWBERRY

WATERMELON





From the Administrator's Desk...

Happy August one and all!

At this time of year, I share with you the Annual Resident and Family Satisfaction Survey for you to complete. We are going 'high tech 😊' this year and using an online platform to tabulate the results. **See the QR code below.**

Please share it with any of your family members who would like to provide feedback on our care and services in the home. The more results we receive...the better! *If you need a paper copy, please see Kate Grimes in the front office.* Once all results are in, I will be happy to share with everyone!

Hoping you have had some time to enjoy the beautiful summer weather. Hats off to the team who provided our residents, families and community with another memorable *Strawberry Social*.



<https://www.surveymonkey.com/r/GKT92SM>

With respect, Susan Poirier



Updates from the Dietary Department~

As we welcome the month of August, we would like to share a few updates from the Dietary Department and highlight some of the events and progress made throughout July.

One of the highlights of the summer continues to be our weekly BBQ Wednesdays. Thanks to the beautiful weather, many of our residents have been able to enjoy their meals outdoors in a relaxed and welcoming atmosphere. Our BBQ lunches remain a resident favorite, and we look forward to continuing this tradition for the rest of the summer.

During July, we also experienced some unexpected equipment issues in the kitchen. As a result, there were occasions when we needed to adjust our menu and serve primarily cold sandwiches while repairs were being completed. We understand that these changes may have been disappointing, and we sincerely appreciate the patience and understanding shown by our residents and their families.

Our Maintenance and Dietary teams worked closely together to restore the equipment as quickly and efficiently as possible, minimizing disruptions while continuing to provide safe and nutritious meals.

These challenges have also reminded us how excited we are for the move to our new home. The new kitchen will provide updated equipment and a modern workspace that will better support our team in delivering the high-quality dining experience our residents deserve. While equipment issues can impact the daily work of our staff, they most importantly affect the dining experience of our residents, which is why we are looking forward to leaving these setbacks behind.

Despite these challenges, our commitment remains unchanged. We continue to focus on providing high-quality meals with consistency, while preparing our staff, procedures, and daily routines for a smooth transition into the new home. Every improvement we make today is helping us build a stronger foundation for the future. Thank you for your continued support and trust.



Warm regards,

Andrea Munoz,

Nutritional Manager

As we move through the heart of summer, August will celebrate the farming and rural roots that are such an important part of our community's heritage. Residents can look forward to a month filled with country charm, special events, and plenty of opportunities to make memories together.

In recognition of **Dairyfest**, we'll be bringing the farm to Dundas Manor with a **Dairy Cart**, **farming trivia**, and our much-anticipated **Annual Tractor Parade with Farmer John**, a resident favorite that never fails to bring smiles and waves. We are also excited about two special outings this month. Residents will enjoy a visit to the farm of **Hennie**, a longtime and recently retired staff member who remains a cherished part of the Dundas Manor family. Another day will take us on a scenic country drive to **St. Albert Cheese Co-op**, where we'll enjoy lunch and take in the sights of one of Eastern Ontario's most beloved destinations.

The fun continues with a variety of special events including a **Fair Food Tasting**, **Photo Booth**, **Petting Zoo**, and a lively game of **Farming Jeopardy**. We are also pleased to welcome **Marty McIntyre** as a new entertainer this month. And for our August Birthday Celebration, **Doug and Peter** will be back to perform—always a special favorite around here and guaranteed to have toes tapping and hands clapping.

As always, we plan to make the most of these beautiful summer days while we can, enjoying time outdoors, visiting friends, BBQs, strolls, flowers, fresh produce, and all the simple pleasures the season has to offer.

On behalf of the Activity Department, a heartfelt thank you to everyone who attended and supported our **Strawberry Social** last month. It was truly one of the best we've ever had! Seeing residents, families, volunteers, staff, and community members come together made the day incredibly special. It was also a bittersweet milestone—our **last Strawberry Social in this home**, as next summer we'll be celebrating and creating new traditions in our beautiful new Dundas Manor. Wishing everyone a wonderful August filled with sunshine, laughter, and good company.

I remain grateful to be your Activity Director ♥
Jennifer Hill 🌀 🏠

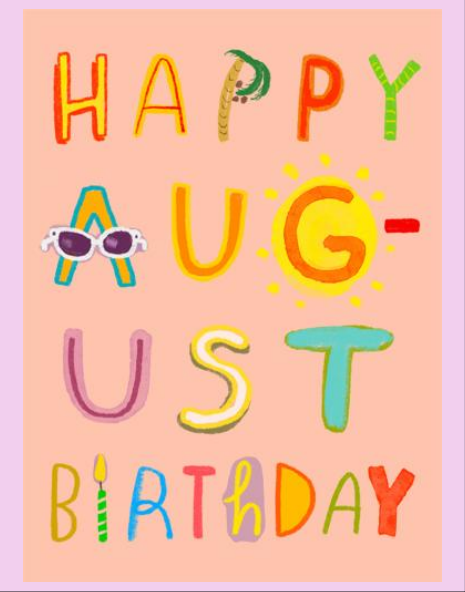


Roger S
Ann L



Alice H
Ann M

AUGUST BIRTHDAYS



Winnifred P 98yrs young
Fran S 91yrs young
Jorris Z 76yrs young



August
BIRTHSTONE

August is one of the few months lucky enough to have two official birthstones—Peridot and Spinel. Each offers its own unique charm, history, and vibrant color. Whether you're drawn to the fresh green sparkle of peridot or the bold brilliance of spinel, August's gemstones make a perfect gift—or personal indulgence—for summer birthdays and beyond.

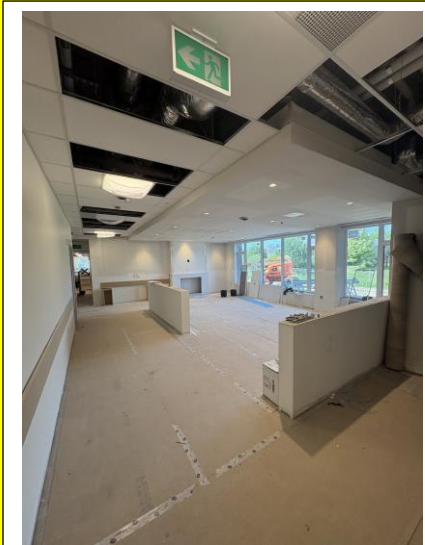
August Birth Flower



Gladiolus

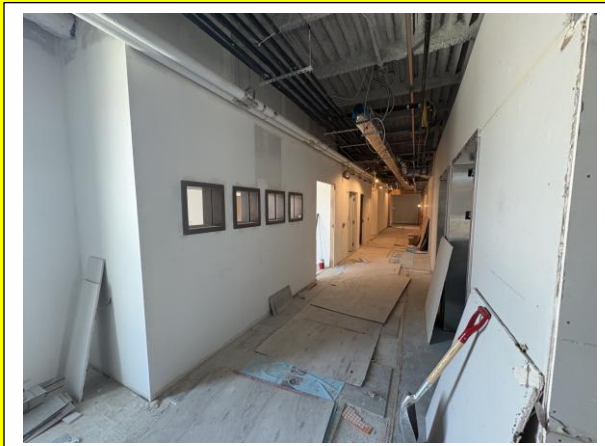
Poppy

REDEVELOPMENT UPDATE

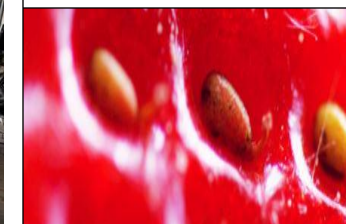
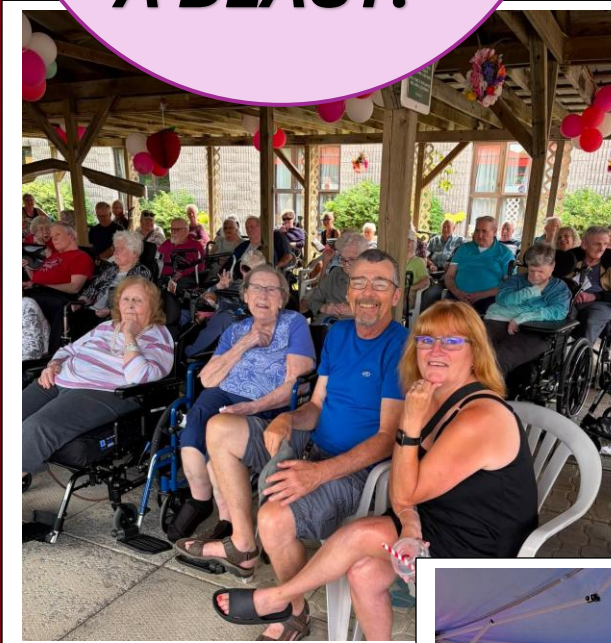


Here are some August updates:

- Mill work in medication rooms being installed
- Fireplaces ready to insert into living rooms
- Most flooring in place and covered during construction process
- Nurse Call system and signage/wayfinding throughout the home focused projects at this point



**OUR
STRAWBERRY
SOCIAL WAS
A BLAST!**



CLOTHING PROCESS

Recently we have had new personal clothing brought in for residents that has **not** been labelled ~ just found unlabeled in their room.

A reminder to please fill out a clothing sheet of items (located outside the front office), put this completed form in a bag with your resident's name and drop in the **brown laundry bin located next to the dining room downstairs**. The laundry staff will collect your items from here; label them and get them out to your resident.

We want to avoid anyone losing clothing and aim to provide our residents with a great laundry service.
Thanks for helping us with this process!



A Friendly Reminder About **Photography** in Our Home 📷

We love seeing families capture special moments with their loved ones during visits. These photos often become treasured memories for years to come.

As you take pictures, we kindly ask that you be mindful of who may be visible in the background. Some residents and their substitute decision-makers have chosen not to consent to having their photographs taken or shared. To respect the privacy and wishes of all residents, please ensure that other residents are not included in your photos whenever possible.

At Dundas Manor, we carefully honour the consent choices of every resident and never share images of residents who have not provided permission for photography or social media use.

Thank you for helping us protect the privacy, dignity, and comfort of everyone in our home.

Update to FOOTCARE BILLING

On your August & September resident billing, if you have consented to **FOOTCARE** by our preferred contractor, you will still see this service on your monthly invoice. **Following the September invoice, this will no longer be on your monthly Dundas Manor bill.**

Tara Cook, owner of TLC's Soothing Soles Advanced Footcare will bill residents or families directly for any footcare after this date. Families will work independently with her for payment. This is usual practice in many other Long-Term Care homes, so we are implementing it this fall.

Any questions, please contact Tara directly at 613-861-8187.



August 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:15am Calendar Change 2:00pm Bingo 3:45pm Montessori
2	3	4	5	6	7	8
10:30am Church with Joel Vedder	10:15am Pet Visits with Louise and Coco 2:00pm BradLee Bike Rides 3:45pm Friends Gather Civic Holiday	10:15am Bingo 2:00pm Tuesday Tea 3:45pm Special Care Cart	Outing: Picnic Lunch at Hennie's 12:00pm BBQ Lunch	10:15am Church with Kim 2:00pm Spencer Scharf Performs 3:45pm Chair Yoga 6:30pm Trivia Time	10:15am Heartbeats 2:00pm Dairy Cart 3:45pm Jewellery & Eyeglasses cleaning	10:15am Farming Jeopardy 2:00pm Bingo 3:45pm Montessori
9	10	11	12	13	14	15
10:15am Church with Jen 2:00pm Tractor Parade 3:45pm 1 to 1 Visits	10:15am BradLee Bike Rides 2:00pm Pie Baking 3:45pm Friends Gather	Hearing Aid Clinic 10:15am Library Visit with Joan and Jen 10:15am Pet Visits with Beth and Cody 2:00pm Garden Party with Vicki Spurrell 3:45pm Special Care Cart Floral Day	10:15am Strength and Stretch 12:00pm BBQ Lunch 2:00pm Music with Cholly	10:15am Church with Heather 2:00pm Campfire with S'mores 3:45pm Chair Yoga 6:30pm Cheese, Crackers and Chit Chat	10:15am Tim Hortons Cart Sponsored by Louise G and Family 2:00pm 1 to 1 visits 3:45pm Jewellery & Eyeglasses cleaning	10:15am Bingo 2:00pm Crafts 3:45pm Montessori 
16	17	18	19	20	21	22
10:30am Church with Don Zuiderveen 2:00pm Who am I? 3:45pm 1 to 1 Visits	10:15am Pet Visits with Louise and Coco 2:00pm BradLee Bike Rides 3:45pm Friends Gather	10:15am Petting Zoo 2:00pm Farmer John and Carol Perform 3:45pm Special Care Cart	10:15am Jam Making 10:15am Strength and Stretch 12:00pm BBQ Lunch 2:00pm Fair Food and Photobooth with Marty McIntyre Performing	10:15am Church 2:00pm Music with Cholly 3:45pm Chair Yoga 6:30pm Bingo	10:15am Bonnie Wallace Performs 2:00pm Ice Cream Cart 3:45pm Jewellery & Eyeglasses cleaning	10:15am Bingo 2:00pm Baking for Tea 3:45pm Montessori
23	24	25	26	27	28	29
10:15am Coffee, Cookies and Chit Chat 10:15am Bird Seed Craft 3:45pm 1 to 1 Visits	10:15am BradLee Bike Rides 2:00pm August Birthday Party with Doug and Peter 3:45pm Friends Gather	10:15am Creative Cooking 12:00pm Lunch Club 3:45pm Special Care Cart 6:00pm Tuesday Tea with Peaches and Cream	10:15am BradLee Bike Rides 10:15am Strength and Stretch 12:00pm BBQ Lunch 2:00pm Bingo	Outing: Country Drive to Moosecreek and Lunch at St. Albert's 	10:15am Puzzle Cafe 2:00pm Tim Horton's Cart in Honor of Lionel and Marie's Anniversary 3:45pm Jewellery & Eyeglasses cleaning	10:15am Bingo 2:00pm Tuck Cart 3:45pm Montessori
30	31					
10:15am Bible Study 2:00pm Fun in the Sun 3:45pm 1 to 1 Visits	10:15am Pet Visits with Louise and Coco 2:00pm Read Along 3:45pm Friends Gather					