



Winchester
District
Memorial
Hospital

Yoga Thrive for Cancer Patients



**Therapeutic Yoga Program
for Cancer Patients & Survivors**



**Starting Wednesday January 24th, 2018
for 12 weeks - \$95 per person**

10:00 - 11:15 am
at Winchester District Memorial Hospital
Please bring yoga mat and water

To register call 613-774-2420 ext. 6798